

**START**

## **CHILD CPR (1-8 YRS) INSTRUCTIONS**

Does anyone there  
know how to do  
**CHILD CPR**?

**NO**

**YES**

Do you need help in  
remembering the  
procedures?

**YES**

**NO**

Begin CPR on the child now.  
I'll stay on the line if you need me until  
help arrives.

Get the **CHILD** near the phone if you can.

**OK**

**CAN'T**

Do you have a cordless phone?  
Is there a phone that may be closer to the patient?  
Can someone there relay my instructions to you?  
[If not] I'll give you the instructions, then return to the  
phone. If I'm not here, stay on the line.

**OK**

Listen carefully. I'll tell you what to do.  
Get the child on the floor, **FLAT** on their  
**BACK**.

**OK**

**CAN'T**

Can you **GENTLY** roll or slide the child to the floor?  
[If not] Can you get help and return to the phone?

**OK**

**NO HELP / CAN'T**

Begin attempts as best possible.

(CONT.)

(RESUME.)

**BARE** the chest.

**KNEEL** at the child's side.

**PINCH** the nose **SHUT** with **ONE HAND**.

With your **OTHER** hand, **LIFT** the **CHIN** so the head **TILTS BACK**.

**COMPLETELY COVER** the child's mouth with your mouth.

**GIVE TWO SLOW BREATHS OF AIR** into the child's **LUNGS**--just like you're blowing up a balloon.

Make sure the **CHEST GENTLY RISES**.

**REMEMBER, FLAT** on their **BACK**. **BARE** the **CHEST**.

**PINCH** the **NOSE SHUT**.

With your **OTHER** hand, **LIFT** the **CHIN** so the head **TILTS BACK**.

**GIVE TWO SLOW BREATHS. THEN COME BACK TO THE PHONE!**

If I'm not here stay on the line.

OK

Reported Patient Vomited

I CAN'T / HYSTERICAL

You're going to have to calm down to be able to help!

Turn the child's head to the side.  
Sweep it all out with your fingers  
before you start mouth-to-mouth.

Did the CHEST RISE?

YES

NO

**GO TO CHOKING CHILD INSTRUCTIONS**

(CONT.)

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(RESUME)

Is the child moving or breathing normally now?

NO

YES

Roll the child on their side and check for breathing until help takes over.

**CHOKING CHILD ENTRY POINT**

I need you to check to see if the child has a pulse.

**FIRST**, take your index and middle finger and feel the **FRONT** of the child's neck for the **Adam's apple**.

**THEN**, slide your fingers towards **YOU** into the groove **NEXT** to the Adam's apple in the side of the neck.

**THEN**, press down with your fingers **carefully** for **5-10 seconds**.

See if you feel a pulse, then return to the phone.

Did you feel a pulse?

NO

YES

Continue with rescue breathing.

**REMEMBER, PINCH** the nose **SHUT** with one hand.

With your **OTHER** hand, **LIFT** the **CHIN** so the head **TILTS BACK**.

**COMPLETELY COVER** the child's mouth with your mouth.

**GIVE ONE SLOW BREATH OF AIR** into the child's **LUNGS**

**Do this ONCE EVERY 4 SECONDS**--just like you're blowing up a balloon.

Make sure the **CHEST GENTLY RISES**.

Keep doing this **FOR ONE MINUTE**, then come back to the phone.

I'll stay on the line.

**AFTER EACH MINUTE - REASSESS**

(CONT.)

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(RESUME)

Put the **HEEL** of **ONE HAND** on the **CENTER** of the child's **CHEST**, right **BETWEEN** the **NIPPLES**.  
**PUSH DOWN FIRMLY**, ONLY on the **HEEL** of your hand, **1 - 1½ inches**.  
Do it five times **QUICKLY**, just like you're pumping their chest. (Count: 1,2,3,4,5)  
**MAKE SURE** the **HEEL** of your hand is on the **CENTER** of their chest, **RIGHT BETWEEN THE NIPPLES**.  
Pump five times **QUICKLY**.  
Then, **PINCH** the **NOSE SHUT** and **LIFT** the **CHIN** so the head **TILTS BACK**.  
**ONE MORE BREATH** and **PUMP** the **CHEST** five times.  
**KEEP DOING IT; PUMP** the **CHEST** five times. Then **ONE BREATH**.  
**KEEP DOING IT UNTIL HELP CAN TAKE OVER**.  
I'll stay on the line.

OK

CONTINUE TO ASSIST  
UNTIL HELP ARRIVES!

I CAN'T / HYSTERICAL

You're going to have to calm down to be able to help!